

Discussion Questions for *A Light in the Dark*

1. The beginning scene of the novel starts with Sabrina after she has been kidnapped. Why do you think the author chose to begin the novel this way?
2. Describe Dez's support system as he tries to deal with Sabrina's disappearance.
3. Explain why Dez is somewhat apprehensive to be in the spotlight of Sabrina's search efforts and is initially a little put off by it.
4. Describe Sabrina's erratic behavior in the first few months after her attack.
5. In what ways is Sabrina unrealistic in her recovery?
6. The story has flashbacks of Dez and Sabrina's relationship before her kidnapping-why are those so important?
7. How does Dez try to be strong for Sabrina?
8. Are there ways in which Dez hinders her progress?
9. Do you agree with Sabrina's decision to move out? What are her motivating factors to do so?
10. When Dez goes to San Diego, he has a chance to sow a wild oat but he chooses not to. Would you have been disappointed if he had chosen otherwise? Why or why not?
11. Alex is a supplemental character who makes a large impact to the story. Explain his significance.
12. How has violence played a role in Dez's life?
13. Dez and Sabrina are two very different people. What do we learn about her as Dez reflects back on their first meeting that help explain their attraction?
14. Why is Sabrina repeatedly drawn to Jeremy Harold?
15. What other issues aside from her attack does Sabrina deal with as she recovers?
16. Describe Sabrina's relationship with her mother and how it changes in the story.
17. Describe Sabrina's sessions with Lyndsie versus Dr. Sam? How do both approaches help her recover?
18. *A Light in the Dark* is a novel that subtly represents the culture of today. Provide examples of this within the novel.
19. The novel is set in Oklahoma City. Why is this setting significant to the story?
20. What is the significance of her pregnancy at the end?